

TEMPORARY DISMISSAL

A GUIDE FOR COACHES

THE CHALLENGE

The Temporary Dismissals (Sin Bin) rule has been introduced across all age groups to reduce dissent and improve the match day experience for referees.

Sin Bin will apply to all competitions excluding BPL, WPL & Division 1.

THE SOLUTION

Any player cautioned for Y2 - Dissent will be shown a yellow card and placed in a temporary dismissal (sin bin) period of:

**10 minutes (W18, M18, All Age & O35/45)
5 minutes (U12 - U16. W12-16)**

MATCH DAY APPLICATION – WHAT HAPPENS?

A player guilty of dissent in the opinion of the referee, will have a **yellow card shown and the referee will point to the sideline.**

The team will not be able to interchange the player and will **continue with one less player.**

The player can return to their team bench for the time period but cannot interfere with play.

The referee(s) will be the sole timekeeper(s) of the period.

The player may return whilst the ball is in play (at the end of the dismissal period) but must have the referees permission to return.

The dismissal period STARTS when play restarts. A player walking slowly off the pitch does not help them be off the field any less.

Temporary Dismissals COUNT AS A YELLOW CARD. A second yellow card for ANY reason (including dissent) will result in a RED card being shown.

FREQUENTLY ASKED QUESTIONS



WHO KEEPS THE 10 MINUTE TIMER?

The referee is the sole judge of the time and the player can only return with the permission of the referee.



CAN MY TEAM MAKE A SUBSTITUTE?

A binned player cannot be substituted/ until the end of their 5 / 10 minute period.

During this time, the team must play a player short.



CAN A COACH GET SIN BINNED?

Sin Bins apply only to players on the field of play, and not substitutes or coaching staff.



CAN A SIN BINNED PLAYER WARM UP?

Yes. The player can warm up, but cannot interfere with play.

MORE INFO – CCFOOTBALL.COM.AU (UNDER COACHES TAB)