



As you are aware, the COVID-19 situation in Australia and globally is rapidly changing.

Woongarrah FC is doing their part to make sure the surrounding of events and games are as safe as can be here at Woongarrah FC, we all have a duty of care & to be socially responsible we would appreciate you taking part in the health and sanitisation process.

As of early this month, the World Health Organization (WHO) has characterised the outbreak as a 'pandemic'. As a football club, we are taking the situation seriously and we are putting precautionary measures in place in the interest of everyone's health.

We are monitoring and applying the advice from the World Health Organization (WHO), the Australian Government Department of Health and advice from the Football Regulators to diligently manage the risk associated with COVID-19.

Woongarrah FC have an obligation to provide a safe environment. As individuals, we also have a responsibility and duty of care when it comes to the health and safety of ourselves and others.

We ask all to follow the following processes to the best of your ability.

- No handshakes
- No fist bumps
- No Team huddles
- No sharing of any personal equipment
- No sharing drinks (Bring your Own Bottle), towels or any personal equipment
- No swapping or exchanging of bibs
- No swapping or exchanging of jerseys
- Players stay one metre apart at team meetings – NO touching
- Use soap and hand sanitizer where provided in changerooms and follow proper clean hands protocol https://www.who.int/gpsc/clean_hands_protection/en/
- Bring your own towel (Do Not Swap or exchange)
- All players, coaching staff, and volunteers with a suspected respiratory (cold, flu etc) illness to stay away from all football activities and seek the appropriate medical advice.

Training

The government as of 1st June 2020 has relaxed restriction to allow all age groups to return to training under strict guides which must be adhered to:

- COVID safe app is recommended to be installed on all phone
- 20 Participants only in each training group inc the coach (no contact)
- No crossing over group throughout the training sessions
- Online MUST be completed prior to ALL training sessions by coach or manager. (Link <https://bit.ly/3dvJFhd>)
- Prepare for training at home
- Arrive 5 min before training starts
- Wash and sanitise hands before and after training
- Parents not to gather in group
- Where at all possible parent remain in their cars
- Players and parents must leave oval as soon as training is completed
- Remain your 1.5m social distancing at all times

1	Woongarrah Wildcats Football Club. (ABN: 53 914 101 021)	Revision: 1
	W:\Admin\Club Policies & Code of Conducts\Policy - COVID-19.docx	Date: 5/03/20



Player Call in Sick

If a player calls in sick, they should NOT attend training, if the symptoms are any of the following:

- Fever
- Cough
- Fatigue
- Sore Throat
- Shortness of Breath
- Runny Nose
- Or any flu type symptoms

They must do 1 of the 2 options (Use form link below)

1. Get tested for COVID 19
 2. Remain away from any football activities at Woongarrah FC
-
1. If you do get tested, your results will be back within 48 hours if negative you are free to return to football at Woongarrah FC
 2. Choose not to get tested you MUST NOT attend any activities at Woongarrah FC

Re ask that is any of the above is the reason you are not attending training you MUST fill out the "COVID Testing and Symptom's Form" by clicking on the link below.

The below form must be filled out if you have any of the above symptoms, if you choose to do option 1 and get a test, once you receive your results we require you to click on the "Edit Submission" link on the email you received on your original submission, just follow the questions again.

Form Link: <https://bit.ly/2UsS9xY>

2	Woongarrah Wildcats Football Club. (ABN: 53 914 101 021)	Revision: 1
	W:\Admin\Club Policies & Code of Conducts\Policy - COVID-19.docx	Date: 5/03/20