



**SUPPORTING AND PROTECTING OUR PLAYERS & FOOTBALL COMMUNITY  
RESPONSE TO CORONAVIRUS (COVID-19)**

# Football Operations

The Woongarrah FC committee are passionate about providing our services to our football community. We are happy to serve our players, parents, coaches, manager, grandparents and committee during these challenging times.

From Saturday 4 July 2020, all football activities will resume operations at a minimal capacity while continuing to implement additional health and safety measures. We wanted to share with you some important information about the steps we've taken and continuing to minimise the risk of exposure to our football community to COVID 19.

**Maximum number**

- A maximum of 100 people (Currently) will be allowed at any one time at Hamlyn Terrace Sporting Complex.

**Physical distancing**

- Every one must follow physical distancing guidelines all times of 1.5m or max of 1 person per 4m<sup>2</sup>

**Our commitment to hygiene**

- We already have extremely high standards of cleaning and hygiene in place. However, as a precautionary measure and out of care for everyone's well-being, we've added extra proactive cleaning while football is in operation.

**Additional hygiene measures include:**

- increasing the frequency of cleaning and sanitising our toilets, changerooms and facilities
- constantly monitoring health and hygiene practices of our football community
- providing sanitiser/hand gel in each toilet, changeroom, and official table for all the football community.

**Staff well-being**

- We are actively following all health and guideline advice issued by the Australian Government.

**Avoiding touching hands, face and football equipment**

- Committee and helpers will wear gloves during any set up and pack down, all equipment must be cleaned before and after usage
- As a general practice, gloves are changed after each setup and pack down
- Community are asked not to touch any football equipment unless asked to by committee.

**Registers**

- All committee and helpers will sign an online register in and out when attending the ground for any duty

<b>1</b>	Woongarrah Wildcats Football Club. (ABN: 53 914 101 021)	Revision: 1
	W:\Admin\Club Policies & Code of Conducts\Policy - COVID 19 Operational Plan.docx	Date: 21/06/2020

## Facility COVID Checklist

Tasks	Time Frame	Description
<b>General Cleaning</b>		
<ul style="list-style-type: none"> <li>Change Rooms</li> </ul>	After any team has used	Sweep floor only and wipe all seating with fresh hospital grade disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Change Rooms Floor</li> </ul>	End of each day's usage	Sweep floor and mop with fresh hospital grade disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Change Room Showers</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all walls, floors, taps, water spouts all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Change Room Toilets</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin
<ul style="list-style-type: none"> <li>Change Room Washing Basins</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all walls, taps, waterspouts and side benches all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Public Toilets</li> </ul>	Clean every 15 minutes	Wiped with disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin
<ul style="list-style-type: none"> <li>Public Toilet Floors</li> </ul>	Clean every 30 minutes	Sweep floor and mop with fresh hospital grade disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin

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<ul style="list-style-type: none"> <li>Referee Change Rooms</li> </ul>	After any person has used	Sweep floor only and wipe all seating with fresh hospital grade disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin
<ul style="list-style-type: none"> <li>Referee Change Rooms Floor</li> </ul>	End of each day's usage	Sweep floor and mop with fresh hospital grade disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin
<ul style="list-style-type: none"> <li>Referee Change Room Showers</li> </ul>	After any person has used	Wiped with disinfectant first then wipe with sanitiser, all walls, floors, taps, water spouts all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Referee Change Room Toilets</li> </ul>	After any person has used	Wiped with disinfectant first then wipe with sanitiser, all rubbish and cleaning cloths to be disposed of in garbage bin
<ul style="list-style-type: none"> <li>Referee Room Washing Basins</li> </ul>	After any person has used	Wiped with disinfectant first then wipe with sanitiser, all taps, waterspouts and side benches all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Official table</li> </ul>	Clean every 15 minutes or when someone has touched the table	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Handrails</li> </ul>	Clean every 15 minutes	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Door Handles</li> </ul>	Clean every 15 minutes	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.

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<ul style="list-style-type: none"> <li>Garbage Bins Lids / handles</li> </ul>	Clean every 30 minutes	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Light Switched</li> </ul>	Clean every 30 minutes	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Padlocks</li> </ul>	End of each day's usage	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin
<b>Equipment Cleaning</b>		
<ul style="list-style-type: none"> <li>Computers</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Balls</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Football Equipment</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin.
<ul style="list-style-type: none"> <li>Sub Benches</li> </ul>	After any team has used	Wiped with disinfectant first then wipe with sanitiser, all cleaning cloths to be disposed of in garbage bin

These table are used in conjunction with government cleaning guidelines ([Click here](#))

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COVID 19 Operational Plan / Checklist

Acquired Persons Per Room		
Room	Area m2	People Allowed
• Change Room 1	50m2	12 People
• Change Room 2	50m2	12 People
• Referee Room	8m2	2 People
• Toilets	2.5m2	1 Persons
• Disable Toilet	8m2	2 People
• Storage Rooms	12m2	3 People
• Community Hall (Activity Room)	90m2	22 People
• Community Hall (Meeting Room)	35m2	8 People
• Canteen	10m2	2 People

Signage

**1 Wet hands**



**2 Apply soap**



**3 Lather & scrub**



**4 Rinse hands**



**5 Turn off tap**



**6 Dry hands**



**Spend 20 seconds** washing your hands.

RETURN TO TRAINING

LEVEL 1



WASH OR SANITISE  
YOUR HANDS  
BEFORE AND AFTER  
YOUR TRAINING



RETURN TO TRAINING

LEVEL 1



SOCIAL DISTANCING  
TO BE  
IMPLEMENTED  
AT ALL TIMES



<div style="text-align: center;"> <h2 style="margin: 0;">RETURN TO TRAINING</h2> <h3 style="margin: 0; background-color: #f4a460; padding: 2px;">LEVEL 1</h3> </div> <div style="display: flex; justify-content: space-around; margin: 10px 0;"> <div style="text-align: center;">  FEVER         </div> <div style="text-align: center;">  COUGH         </div> <div style="text-align: center;">  FATIGUE         </div> </div> <div style="display: flex; justify-content: space-around; margin: 10px 0;"> <div style="text-align: center;">  SORE THROAT         </div> <div style="text-align: center;">  SHORTNESS OF BREATH         </div> </div> <div style="text-align: center; margin: 20px 0;"> <p><b>DO NOT COME TO TRAINING IF YOU EXHIBIT ANY OF THESE SYMPTOMS</b></p> </div> <div style="text-align: right; margin-top: 20px;"> </div>	<div style="text-align: center;"> <h2 style="margin: 0;">RETURN TO TRAINING</h2> <h3 style="margin: 0; background-color: #f4a460; padding: 2px;">LEVEL 1</h3> </div> <div style="text-align: center; margin: 20px 0;"> </div> <div style="text-align: center; margin: 20px 0;"> <p><b>FILL AND BRING YOUR OWN CLEARLY LABELLED DRINK BOTTLE FROM HOME. DO NOT SHARE DRINK BOTTLES.</b></p> </div> <div style="text-align: right; margin-top: 20px;"> </div>
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