



WWFC COACHING & TRAINING POLICY

The coaches of Woongarrah Wildcats Football Club understand that children participate in the game of football to have FUN. If children don't have FUN playing football, they will soon pack it in.

We never forget that the game of football is just that – a game. It's not about how many wins and losses are accumulated. And, it is surely not about how many trophies are collected. It's not about how many goals we score or concede. It's all about enjoying the game and, at the same time, learning and developing football and life skills.

Proper football development requires that children play age appropriate activities, so they are able to experience, comprehend and execute the game as it relates to where they are at their own stage of physical and mental development.

It is about playing in different positions, so the player learns ALL the skills necessary to develop in the game.

It's about ALL players receiving equal playing time, so the players are ALL given an equal opportunity to learn, e.g. it is NOT acceptable that ANY player receives a half a game on the side-line, unless they are injured, unwell or totally uninterested, excluding our A graded teams. Our A grade coaches have the ability to field a team based on game requirements, player commitment and availability.

It's about learning the techniques of the game through a variety of fun games where players have as much contact with the ball as possible and learn at their own rate.

Coaches are appointed by the Football Committee of the Woongarrah Wildcats Football Club and will report to their respective "Football Manager" should they need assistance or guidance, however, will remain answerable to the WWFC Executive Committee.

Coaches are expected to hold a minimum requirement of at least their "Grass-Root Coaching Certificate, however it is preferred (and expected for all A grade coaches) that, coaches who are appointed to coach a team from Under 10's upwards, hold a "Skill Training Certificate" or "Game Training Certificate". (See Policy – Coaching Education)

Coaches **MUST** hold a current "Working with Children Check", with a current WWC certificate, <http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check/apply/apply>

Coaches **MUST** hold a current "Play by the Rules" certificate. <http://www.playbytherules.net.au/interactive-scenarios/free-online-training>

Coaches must always adhere to the rules & regulations set down by Central Coast Football (CCF) and **MUST** attend ALL coaching updates whenever possible.

Coaches must ask players for a "Doctor's Clearance" to train or play if a player has sustained a serious injury before they are permitted to take part in any training or playing. If the injury has happened at training or on game day, ensure an online "Injury Report" is submitted.

Injury Form Link: <https://goo.gl/QGbrkk>

ALL coaches are encouraged to become a Financial Member of the club, if they aren't already, and attend ALL General Meetings so to express their opinions & show an interest in the direction of the Club. Any coach playing for another Central Coast Football affiliated club **may not** have their coaching application approved.

Coaches should always represent the Club and keep in mind that they are on public display while performing their role. The wearing of other club's apparel is **prohibited** while training or coaching on game day.

1	Woongarrah Wildcats Football Club. (ABN: 53 914 101 021)	Revision: 2
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Policy – Coaching & Training

All coaches should:

- ✓ Have a great self-esteem
- ✓ Be a good leader and lead by example
- ✓ Have energy, vibrancy and passion
- ✓ Show poise under pressure
- ✓ Believe in themselves
- ✓ Represent principles of honesty, commitment and discipline
- ✓ Accept that winning at the expense of enjoyment is NOT acceptable
- ✓ Earn respect for themselves
- ✓ Display a knowledge of the game and how it is played at such age
- ✓ Create a fun & safe environment of learning and development for the kids that keeps them interested and coming back for more
- ✓ Display a level of patience – being slow to criticise & quick to praise
- ✓ Allow players to develop at their own rate
- ✓ Communicate with the players, providing clear instructions
- ✓ Never try to move or encourage anyone to move any player who is injured, if a player cannot move on his own accord, an ambulance should be called immediately.
- ✓ Be a good listener, encourage players to speak with confidence
- ✓ Attend ALL “Coach & Managers Meetings”
- ✓ Attend all FREE Coaching Updates put on by the club from time to time
- ✓ Hold enough training sessions each week to maximise the development of their players and their enjoyment of the game
- ✓ Conduct training and fitness based on the programs located on our website
- ✓ In conjunction with the Team Manager, liaise with the parents and players, communicate decisions effectively and aim to ensure that all players and their parents appreciate their time with the Woongarrah Wildcats Football Club.
- ✓ Be available and prepare thoroughly for Match Days
- ✓ Accept responsibility & accountability for the coaching & playing equipment
- ✓ Be contactable via a mobile phone number and current email address
- ✓ Enjoy themselves

This policy is written and effective for ALL junior coaching and training at Woongarrah Wildcats Football Club. If coaches, managers or any person disagree with any aspect of this policy then this matter should be raised, in writing, addressed to the Secretary of this Club where the matter will be heard by the Executives so that the matter can be determined in a fair and reasonable manner.

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